

WHAT IS DEMENTIA?

Dementia is a brain disorder that seriously affects a person's ability to carry out daily activities. The most common form of dementia among older people is **Alzheimer's Disease**, which initially involves the parts of the brain that control **thought, memory, and language**.

An individual with dementia often needs **help with the basic activities of daily living**, such as maintaining proper nutrition, dressing, hygiene and home care tasks.

Although there is no cure for dementia, seniors can take steps that may not only help reduce the risk of memory loss, they're good for you anyway!

- Exercise your brain with reading, puzzles, word games, chess and the like.
- See your doctor if you're worried about memory loss. Treatments are available.
- Stay active and involved in life!
Companionship and physical activity keep you healthier and happier.
- Maintain adequate nutrition
- Engage in intellectually and socially stimulating activities.



ComForcare Mission

To improve the quality of life and level of independence for every client and family receiving our services.

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CARE FOR DEMENTIA PATIENTS

ComForcare Senior Services®

